



# ST. JOHN'S MINOR BASEBALL ASSOCIATION

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2026 Season Information

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# RALLY CAP

Rally Cap is an entry-level Baseball Canada program that is suitable for players of all skill levels. Teams will have two sessions per week that will rotate 5:00 pm and 6:45 pm starts. Each session lasts an hour and fifteen minutes. Sessions will be a mix of drills and skills development as well as more gameplay compared to prior seasons.

Birth Years: 2019, 2020, 2021

Field: Wishingwell Park

Program Slots: Monday & Wednesday or Tuesday & Thursday

Ages 5,6, 7



# 9U MINOR

9U Minor is suitable for players in any of the following categories: first year players in the age group; players in the age group who completed one year of Rally Cap; players in the age group that need a less competitive experience for their development and 7 year olds who have completed 2 years of Rally Cap. Players may be moved back to Rally Cap if needed for development. Teams will have two sessions per week that will rotate 5:00 pm and 6:45 pm starts. Each session lasts for an hour and fifteen mins. The end of season event will feature a fun playoffs to introduce the kids to this type of format where everyone will receive a medal.

Birth Years: 2017, 2018, 2019

Fields: Kelly's Brook & Virginia Park

Program Slots: Monday & Wednesday or Tuesday & Thursday

Ages 7,8,9



# 9U MAJOR

9U Major is suitable for players in either of the following categories: players in the age group who completed multiple years of Rally Cap; players in the age group who have done private training and/or multiple years of winterball and need a more competitive experience. SJMBA reserves the right to move players to the 9U Minor division if there is a safety concern. Teams will have two sessions per week that will rotate 5:00 pm and 6:45 pm starts. Each session lasts for an hour and fifteen mins. The end of season playoffs will consist of a more competitive style format with tier based seeding and playdowns. Games in this end of season format may be played on the weekends as well, depending on how many teams there are total in 9U Major.

Birth Years: 2017, 2018

Fields: Kelly's Brook & Virginia Park

Program Slots: Monday & Wednesday or Tuesday & Thursday

Ages 8,9



# 11U

The 11U program has two games per week with practices at the beginning of the season. This division also has an end of season championship tournament. Games mostly start at 5:30 pm with some games under the lights at 7:30 pm. Players that are trying out for all-star teams must register for this division as well, since certain teams play in a regional 11U league. Players that are trying out for all-star teams must register for a house league division as well.

Birth Years: 2015, 2016

Fields: Little St. Pat's, Kilbride, Terra Nova, Wyatt Park & Kitty Gaul

Program Slots: Tuesdays & Thursdays

Ages 10,11



# 13U

The 13U program has two games per week with practices at the beginning of the season. This division also has an end of season championship tournament. Games mostly start at 5:30 pm with some games under the lights at 7:30 pm. Players that are trying out for all-star teams must register for this division as well, since certain teams play in a regional 13U league. Players that are trying out for all-star teams must register for a house league division as well.

Birth Years: 2013, 2014

Fields: Little St. Pat's, Terra Nova, Bannerman Park, Shea Heights & Kitty Gaul

Program Slots: Mondays & Wednesdays

Ages 12,13



# 15U

The 15U program has two games per week with practices at the beginning of the season. This division also has an end of season championship tournament. Games mostly start at 5:30 pm with some games under the lights at 7:30 pm. Players that are trying out for all-star teams must register for this division as well, since certain teams play in a regional 15U league. Players that are trying out for all-star teams must register for a house league division as well.

Birth Years: 2011, 2012

Fields: Airport Heights Field

Program Slots: Tuesdays and Thursdays

Ages 14,15



# 18U

The 18U program has one or two sessions per week. This division has an end of season championship tournament. Games mostly start at 5:30 and 8:30 pm on Sundays with games potentially scheduled for Mondays, Wednesdays, Fridays or Saturdays to allow for more games played during the season. There will be a house league division this season and the "A" team will play in a metro league. This is a regional league so games may take place in Mount Pearl, Paradise or CBS. Players interested in playing 18U all-star can register for all star tryouts only and after teams are picked, can decide on house league if they make AA

Birth Years: 2008, 2009, 2010

Fields: St. Pat's, Wishingwell, Team Gushue Complex, Peter Barry Duff

Program Slots: Sundays with potential for Mondays, Wednesdays, Fridays and Saturdays (TBD)

Ages 16,17,18



# 12U FEMALE

The 12U program has two games per week with practices at the beginning of the season. This division also has an end of season championship tournament. Games mostly start at 5:30 pm. This is a regional league so games can take place in Mount Pearl & Paradise. Players that are trying out for female all-star teams must register for a house league division as well.

Birth Years: 2014, 2015, 2016

Fields: Wyatt Park, Gerry Veitch

Program Slots: Mondays, Wednesdays and Thursdays with the possibility of other slots filled by other associations (TBD)

Ages 10,11,12



# 14U FEMALE

The 14U program has two games per week with practices at the beginning of the season. This division also has an end of season championship tournament. Games mostly start at 5:30 pm. This is a regional league so games can take place in Mount Pearl & Paradise. *Players that are trying out for female all-star teams must register for a house league division as well.*

Birth Years: 2012, 2013  
Fields: Conway Glenn

Ages 13,14



# 16U FEMALE

SJMBA has entered a team classified as 16U AA in this age group's provincial tournament in prior years. Depending on the number of registered individuals, we may look at entering two teams in 2026.

The metro associations are currently looking at developing and rolling out a 17U LOTO league similar to 12U and 14U and the possibility of an 18+ league as well. More information will be available closer to the start of the season.

Birth Years: 2010, 2011

Fields: Airport Heights Field for St. John's, metro fields TBD

Ages 15, 16