

★ ST. JOHN'S ★ CAPITALS

2023 Equipment Lists

Rally Cap

AGES 5, 6 & 7
BIRTH YEARS: 2016, 2017 & 2018

Required Equipment:

- Glove
- Athletic Pants
- Sneakers
- Helmet

Optional Equipment:

- Cleats
- Bat
- Baseball pants

Required Equipment:

- Glove
- Athletic Pants
- Sneakers
- Helmet

Optional Equipment:

- Cleats
- Bat
- Baseball pants

9U

AGES 7, 8 & 9
BIRTH YEARS: 2014, 2015 & 2016

11U & 12U

11U AGES: 10 & 11
BIRTH YEARS: 2012 & 2013
12U AGES: 10, 11 & 12
BIRTH YEARS: 2011, 2012 & 2013

Required Equipment:

- Glove
- Baseball Pants
- Sneakers
- Helmet

Optional Equipment:

- Cleats
- Bat
- Catcher's Gear
- Jock/Jill

Required Equipment:

- Glove
- Baseball Pants
- Sneakers
- Helmet

Optional Equipment:

- Cleats
- Bat
- Catcher's Gear
- Jock/Jill

13U & 14U

13U AGES: 12 & 13
BIRTH YEARS: 2010 & 2011
14U AGES: 13 & 14
BIRTH YEARS: 2009 & 2010

Required Equipment:

- Glove
- Baseball Pants
- Cleats
- Helmet

Optional Equipment:

- Bat
- Catcher's Gear
- Jock/Jill

15U & 18U

15U AGES: 14 & 15
BIRTH YEARS: 2008 & 2009
18U FEMALE AGES: 15, 16, 17 & 18
BIRTH YEARS: 2005, 2006, 2007 & 2008
18U AGES: 16, 17 & 18
BIRTH YEARS: 2005, 2006 & 2007

- Any player who wants to catch should wear a jock or jill
- Any type of cleats are ok but metal cleats can only be used in 15U & up
- Glove sizing & bat info can be found on our website
- If you ticked off helmet loaner program during registration, you will be contacted closer to the start

NOTES



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